

Mobile Van Dispensary Seva



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1. Concept :

BJS have come forward with a unique idea to help the society in this Covid-19 epidemic situation .

In this we will be screening the patients with symptoms similar to covid 19 like

1. **Fever**
2. **Cough**
3. **Cold**
4. **Bodyache**
5. **Conjunctivitis**
6. **Running nose**

These symptoms are often seen in many viral fevers. As such the key point will be to distinguish it from covid.

We will be screening these patients which have similar symptoms and get their history and treat them with the basic treatment and if required advise them for there isolation under our observation. After 7 days if we notice there symptoms are improving then

we can leave them or if symptoms worsens then take them to government hospital.

Alongside we will also be educating the people as to not to panic in case you have cough, cold or fever. We shall inform them as to how to take care of themselves and the society.

The patient with such symptoms should isolate him from the beginning itself irrespective of the diagnosis. This will prevent the spread if at all the patient is diagnosed positive after 7 days .

All this exercise by BJS will help the government to collect the data regarding the infected patients. We shall create awareness among the masses by properly educating them in the said matter.

The announcement during campaigning will be only those patients with cough, cold & fever should come and get tested and treated for free.

2. Need :

- a) Presently due to lockdown people are not coming out of their houses and also the dispensaries of all the doctors are closed thereby bringing a halt to this vicious circle as patients are not getting access in their illness.
- b) Corona virus infection will be a symptomatic or will be a mild only like a respiratory viral fever. As such anyone having symptoms of cough, cold or fever need not panic and should visit our mobile dispensary and get checked up from our doctor.

We, therefore feel that this project needs to be initiated as early as possible.

3. Guidelines for Scaling the project :

- a) Initially, the scaling will be done in the Maharashtra, Tamilnadu, Karnataka, Delhi, Madhya Pradesh & Rajasthan. The statewise list of the state project Director will be provided with their names and mobile numbers. He will be the single point contact of that respective state with full responsibility.
- b) BJS alongwith jain organisation or any other non-jain organisation of that particular city can be taken as local partner to initiate the project.
- c) All the specific guidelines for starting this project will be given by the state project director.

4. Minimum requirement to start the mobile dispensary Seva :

- a) A big Ambulance or van like traveller can be taken either on rent or through sponsorship.
- b) Medicines & Surgical items to be provided
- c) 1 doctor and 1 assistant will be required per mobile dispensary Seva.
Note : The doctor can be taken with the help of the local administration, private practitioner's or civil surgeons as volunteer doctor.
- d) 1 Volunteer per van either from BJS, any local person from your city or you can call any teacher by contacting their trustees and informing them that under the Disaster management act they can avail the services of their teachers.
- e) Loud speaker for announcements.
- f) Providing food for the doctor and other staff.

5. List of medicines and Equipment :

Every Ambulance will be well equipped with Medicines, equipment's, doctor, assistant and a Volunteer. Per Ambulance requirements :

Medicines :

- 1) Tab paracetamol : 2000
- 2) Tab diclopara : 500
- 3) Tab cetirine : 1000
- 4) Tab pan 20mg : 2000
- 5) Tab meftal spas : 500
- 6) Tab loperamide : 500
- 7) Tab salbutamol : 500
- 8) Tab prednisolone 10 mg : 500
- 9) Tab b'plex : 2000
- 10) Tab metrogl 400 mg : 1000
- 11) Eye drops gentamicin : 50
- 12) corex-dx syrup : 200 bottles.

Equipments :

- 1) stethoscope : 1
- 2) BP apparatus : 1
- 3) Laser Infrared thermometer : 1
- 4) Torch : 1
- 5) Tongue depressors disposable 500 or s.s : 5
- 6) PPE for the working staff inside the ambulance : 4
- 7) Face masks (N-95) : 5
- 8) Writing pads : 4
- 9) Pens : 4
- 10) Small paper envelopes for medicines : 1000
- 11) Folding bed with pillow for patient and bed sheet
- 12) Small table : 1
- 13) Folding chairs : 2/3
- 14) Hand wash or sanitizers
- 15) Dettol small bottles : 2
- 16) Plastic kidney tray : 1
- 17) Dustbin : 1
- 18) Drinking water with glasses
- 19) Napkins : 2

6. Human Resource's :

- a) Doctor 1
- b) Assistant :
- c) Volunteer : 1
- d) Driver with the Ambulance

Note : The state project director will be requesting the local administration to provide doctors with their safety kit.

The safety of doctors and volunteers will be of utmost importance and will be taken care properly.

7. Rules & Regulations :

Follow properly the government norms of social distancing as well as follow the guidelines issued by the local authorities.

8. Process for operating the mobile van :

- a) Fix the location after discussing with the local authorities.
- b) Opening of the dispensary by the hands of your local Corporation Commissioner or Collector and then start moving to various places.
- c) Chairs will be placed at a distance of 2 feet for the patients coming for check-up. After check-up they will be given the required medicines.
- d) Volunteers will be announcing as speakers.

9. Announcement details for volunteer :

- a) A mobile dispensary has arrived at your doorstep with the help of BJS.
- b) This dispensary is made available for those who are having mild illness but cannot visit their family doctor.
- c) This dispensary does not have facility for orthopaedic treatment.
- d) 5 chairs will be kept in front of the Van and patients sitting on these chairs will be taken for check-up on first-cum-first basis.
- e) Only 1 person will be allowed with the patient. Also they should ensure that they are properly masked either with a handkerchief or a mask.
- f) This mobile van is equipped for illness like stomachache, throat infection, cough, cold and fever. After check-up medicines for 3 days will be given to the patients.
- g) Everyone should ensure that they do not mess up with people.
- h) Under the present lockdown situation, everyone should ensure proper discipline and keep safe distance from each other and take the benefit of this facility.

10. Role of BJS Head Office :

- a) All the design required for display material will be provided. From your side you can then add the logo and the name of the local sponsorer or organisation alongwith BJS name.
- b) The HO will be providing the help required in obtaining all the various permissions in consultation with the state project Director.
- c) We will be sharing our Pune experiences alongwith some Videos for your convenience and comfort.

11. Leaflets :

“Doctor at your door step”through Mobile dispensary van Seva :

BJS has launched in Pune city the mobile dispensary van wherein the Doctors will be at your door step.

Doctor at your door :

- a) During the lockdown, this service will be available to patients who have minor illnesses but cannot go to your family doctor.
- b) Patients diagnosed with fever, cough, cold, sore throat, bodyache and nose bleeds will be given free medicines.
- c) On behalf of local authorities, medical examination of senior citizen in the city will be conducted through a total of 15 squads.
- d) Patients will be requested by loudspeakers at various places where the van is parked. Doctors will not come to anyone’s home during the investigation.

Precautions to be taken when checking:

- a) Arrangement of Announcement has been arranged in this mobile van. Patients will have to leave their house for examination only after announcement.
- b) Be careful not to crowd around the mobile van.
- c) 5 chairs will be kept at a 2-2 feet distance in front of the mobile van. The patient sitting on these chairs will be checked sequentially.
- d) Patients who come for examination should wear a mask or handkerchief.
- e) During the lockdown, everyone should ensure that this service is availed by keeping a safe distance.
- f) If there is any doubt, please contact Shri Ashok Pawar (94230 09687).

12. Press Note :

“Doctor at your door step”

BJS has decided to implement the “Doctor at your Door step” program in our city with the help of ——— organisation through a mobile dispensary van. BJS local volunteers will be there to assist you all the time.

Concept:

Due to lockdowns across the country, people are unable to leave their homes and as such are unable to get access to their family doctors in their illness as all the dispensaries are closed. Taking this into consideration, mobile dispensary vans have been arranged to provide doctor services for OPD patients. Senior citizens and poor class in the city will be inspected by a team of special doctors of our Municipal Corporation through the help of this mobile van.

This van will be rotated with the help of city's Municipal Corporation in the densely populated places of the city. Announcement is arranged in this van. Patients will be requested by loudspeakers at various places in Pune where the van is parked. Doctors will not go to anyone's home during the investigation.

Minor illnesses like cold, cough, fever, runny nose and bodyache normally appears in many types of viral fever. In such circumstances the patient need not panic. They will be properly trained to take care of themselves and their community. Also during the medical examination if it is detected that a patient is having coronary symptoms then it will be easy to isolate such patient immediately and prevent the spread and help reduce the burden on the government medical care. At the same time it will be easy for the Government to collect patients information in this regard.

13. Format to be filled by the volunteers

Mobile Dispensary Register

Dispensary Van Number :

VAN RTO. Number:

[illegible]

DOCTOR AT YOUR DOORSTEP

Patient Register

Date :- DD/MM/YYYY

Van Number :-

[illegible]

Contact Details



Contact details :

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State project Director's :

- 1) Maharashtra : Mr Nandu Sakla 9822056148
- 2) Tamilnadu : Mr Mahavir Bohra 9443291217
- 3) Karnataka : Mr Jayantilal Dhanesha 9880122778
- 4) Delhi : Mr Vijay Jain 9871829910
- 5) Madhya Pradesh : Mr Dilip Doshi 9406609998
- 6) Rajasthan : Mr Rajkumar Fatawat 9414161279